



What we have done in the past year

2022 to 2023



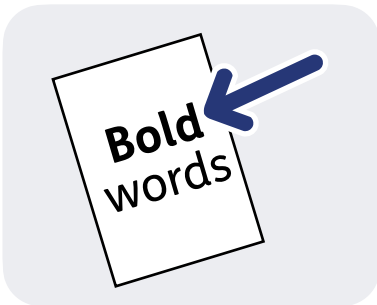
Easy Read



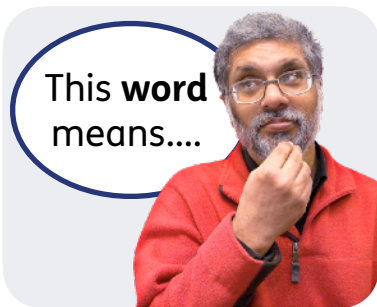
This is an Easy Read version of some information. It may not include all of the information but it will tell you about the important parts.



This Easy Read booklet uses easier words and pictures. You may still want help to read it.



Some words are in **bold** - this means the writing is thicker and darker.



These are words that some people will find hard. When you see a bold word, we will explain it in the next sentence.



[Blue and underlined](#) words show links to websites and email addresses. You can click on these links on a computer.

What is in this booklet

What is in this booklet.....	3
About this booklet	4
Changes	5
What we have done	6
Looking after our staff.....	12
Find out more	14

About this booklet



Activity Alliance is working to support disabled people to take part in **sport and physical activity**.



Sport and physical activity is movement and exercise that keeps your body fit and healthy.



This booklet will tell you what we have done in the last year to help disabled people take part in sport and physical activity.

Changes



In the last year, we made some changes. We have:

- Tried new ways of working.



- Welcomed Adam Blaze as our new Chief Executive.

This means Adam is in charge of all of our staff and leads the work we do.



- Tried new ways of making money.



It is important that we make money so that we can keep helping disabled people take part in sport and physical activity.

What we have done

In the last year, we worked to achieve 2 big goals:



1. Making sure other organisations include disabled people.



2. Changing how people think about disabled people taking part in sport and physical activity.



This is the work we did to achieve these goals.

1. Making sure other organisations include disabled people

To make sure other organisations are working to include disabled people we:



- Talked to disabled people about taking part in sport and physical activity in our **research projects**.

Research projects help us to find out new information about a topic.



- Shared what we learnt from this information with other organisations.

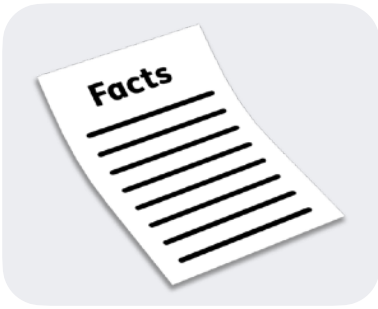


- Worked with lots of different organisations.



- Helped make sure disabled people could be a part of the 2022 Commonwealth Games.

We also:



- Shared factsheets with sport and physical activity organisations about how to include and work with disabled people.



- Carried on with our 'Get Out Get Active' programme.



- Offered new and up-to-date training to organisations.

The training is called the Inclusive Activity Programme. It teaches people how to include disabled people in sport and activity.



- Set up a new online space called the Inclusive PE Hub.

This is a website for PE teachers to find information about how to include disabled children in school sport.



We also set up sport events for disabled children over the summer.

2. Changing how people think about disabled people taking part in sport and physical activity

To change how people think about disabled people taking part in sport and physical activity we:



- Made and shared videos about our work and how it can make good changes to organisations.



- Helped the organisation BBC Bitesize include disabled children in their **Summer of Adventure project**.

The **Summer of Adventure project** helped children and parents get outside and do activities during the summer holidays.

We also:



- Helped the organisation Oxford University Press include disabled children in their books.



- Set up a 4 week long event that celebrated our 'Get Out Get Active' programme.



- Shared our work and what we do with others so that more people know about Activity Alliance.



- Joined 2 working groups with big sport organisations.



We also wrote articles and stories for important days, like National Fitness Day and International Day for Disabled People.

Looking after our staff



Looking after our staff at Activity Alliance is very important.



They help us to do our work and achieve our goals.

To look after our staff in the last year we:



- Carried out checks to find out how we can help staff.



- Improved how we check our staff are working properly.



We also improved how our staff can move into more important roles and earn more money.



We thank everyone who has helped with our work over the last year.

Find out more



You can read a full report on what we have done in the last year here:

www.activityalliance.org.uk/impact-report



To find out more about us you can:

- Look at our website:
www.activityalliance.org.uk



- Phone us: 01509 227 750



- Email us:
info@activityalliance.org.uk

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